

# FIRST AID

## A Summary of First Aid Tips for Pet Owners

### PET EMERGENCY NUMBERS

Fill in phone numbers where appropriate

Veterinarians Phone Number: \_\_\_\_\_

After-hours Emergency Veterinary Clinic Number: \_\_\_\_\_

**National Animal Poison Control Center Hotlines \***

**(800) 548-2423 (900) 680-0000**

\* For the 800#, the charge is \$30 per case (credit cards ONLY).

\* For the 900#, the charge is \$20 for the first five minutes, \$2.95 per minute thereafter.

### Vital Signs

What should they be:

Temperature: Dogs & Cats: 101 F. to 102.5 F. (below 100 F or above 103 F is abnormal)

Heart Rates: Dogs = 70-160 beats/minute Cats = 160-240 beats/minute

Respiratory Rates: Dogs = 10-30 breaths/minute Cats = 20-30 breaths/minute

NOTE ! Use a rectal (NOT ORAL) thermometer for pets (digital ones are GREAT)

Heart rate can be checked by placing a hand over the animals chest.

Respiration can be measured by observing the flanks.

Measure both rates for 15 seconds - then multiply by four to get the rate per minute

Make sure animal is in a calm, resting state to get normal rates!

### Helpful Items to Have on Hand

\*Gauze Pads and Rolls, Rolled Cotton and Veterinary Self-adhesive Wrap

\*Thermometer (RECTAL) \*Tweezers & Pliers \*Antibiotic Cream & Antiseptic

\*Calamine Lotion & Petroleum Jelly \*Cotton Swab Sticks \*Eye Dropper

\*Blunt-end Scissors to safely cut bandages or cut hair away from wound on pet

\*Extra Blankets, Towels, Pillows and Tube Socks for Slipping Over an Injured Paw

\*Transport Crate to Carry Pet to Veterinarian

**The following situations generally require veterinary attention.**

**These tips are designed to help you stabilize your pet while veterinary help is being obtained !**

Bleeding	page # 48	Unconsciousness	page # 48
Vomiting	page # 48	Choking	page # 48
Heat Stroke	page # 49	Limping	page # 49
Bee or Wasp Sting	page # 49	CPR for Pets	page # 50